## Comments from previous participants:

- Next STEPS gave me the basics I need to be able to be more effective with my daughter's team.
- I feel more able to help other parents go through the process with their child.
- It was great to connect with others to learn from their experiences and to be able to share my own.

CPAC offers the Next STEP series in locations throughout Connecticut at least three times per year.

To find out more, please contact CPAC at 860-739-3089 or email us at nextsteps@cpacinc.org





Next STEPS
Parent Leadership
Training Series



The Connecticut Parent Advocacy Center is funded under the Individuals with Disabilities Education Act as a Parent Training and Information Center.

www.cpacinc.org 860-739-3089



# What is the Next STEPS Parent Leadership Training Series?

This eight-session intensive series is designed to help parents and professionals gain the skills and knowledge necessary for them to be effective members at the Planning and Placement Team meeting (PPT). This training series will prepare participants for a variety roles at the school, district, regional or state level. Participants will learn about the law related to education as well as state and federal level initiatives that impact students with disabilities and their education. This training is an opportunity to learn how and where to give a voice to the needs of families of students with disabilities. Our goal is for participants to become active and collaborative team members in an effort to support student success.

# The training covers special education and related topics such as:

- The Parent's Role at the Table:
   Planning and Progress Monitoring
- Developing an Appropriate IEP
- Laying the Foundation: Educational Laws and their Impact on Students with Disabilities
- Reaching Agreement by Working Together
- Transition to Adult Life and Self-Advocacy
- Supporting Other Families
- Effective Communication Strategies

### What do training sessions look like?

The training begins at 6 pm and the first four weeks are three hour sessions, the second four weeks are 2 hour sessions. Pizza and water are provided for the first four, participants are welcome to bring their own food.



#### How much does it cost?

There is no cost to participate.

The program is FREE FOR EVERYONE!

### How do I sign up?

Application is required for all. You can find the Next Steps application on our website by searching: "Next Steps Application"

For more information or questions about the application process, please call the Connecticut Parent Advocacy Center at 860-739-3089 or email Jane Hampton at jhampton@cpacinc.org.

All information will be kept confidential. We will contact you prior to the training.