

Have more questions,
or need some help?

Stone Soup Group has several regional
Parent Navigators that specialize in
special education issues.

Contact the Parent Navigator closest to
your region for help & support.

Chrisite Reinhardt :: Anchorage Area
(907) 561-3791

Tamara Kruse-Roselius :: Fairbanks Area
(907) 347-3724

Jean Swanson :: Sitka / Southeast Alaska
1-877-747-2713

Amber Lathrop :: Kenai Peninsula
(907) 398-9854

Michelle Harrington :: North Slope
1-866-852-5524

Don Ford :: Western Alaska
1-800-774-4241

Lori King :: Juneau Area
(907) 321-8311



For more information, contact:

Parent Training & Information Center
at Stone Soup Group
307 E. Northern Lights Blvd. #100
Anchorage, Alaska 99503

(907) 561-3701
toll-free: 1-877-786-7327

www.stonesoupgroup.org

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IEP Meetings: What to Expect
Before, During & After the Meeting

The ALASKA
Parent Training & Information Center
at Stone Soup Group

The logo for the Parent Training & Information Center (PTI) at Stone Soup Group. It features the letters "PTI" in a large, light green font. A small asterisk-like flower symbol is positioned above the letter "I".

Before the meeting:

Be prepared to talk about your child's:

- :: Strengths, needs, and interests
- :: Learning progress
- :: Medical and educational history

Think about who you might like to have at the meeting with you:

- :: Family members
- :: Teachers
- :: Caregivers
- :: Counselors
- :: Friends
- :: Parent Navigator

...and invite them to join you!



Try planning out how you will involve your child in the meeting.



During the meeting:

Talk about your vision for your child, both short term and long term.

Be prepared to create goals for your child, as a team, by using:

- :: Your child's strengths, needs & interests
- :: Your thoughts and concerns
- :: Progress reports and evaluations
- :: Classroom performance
- :: Behavioral issues
- :: Health Issues



This is **your** child's individual plan, so don't be afraid to ask questions, and encourage your child to do the same.

Remember:

- :: What you think **does** matter.
- :: What you say **will** count.
- :: What you want your child to achieve is important.

After the meeting:

You should get a complete copy of the IEP soon after your meeting. If you don't receive one, you should contact the school.

Your child's plan must be reviewed at least once a year, or more often if needed.



Feel free to discuss with your child's school how he or she is progressing during the year.

You are important to your child.

- :: Become involved
- :: Volunteer to help in your child's school
- :: Be persistent
- :: Educate yourself
- :: Look to other parents
- :: Share what you learn

